

# THE MOMENT IS NOW

A ROCK CITY ORIGINAL SERIES

## The Moment Is Now Week 3 Group Discussion Notes

### Breaking the Ice:

Share a time in your life when you felt “free.”

**Scripture:** Galatians 5:1, 13, 16-18, 25

### Discussion Questions:

Straight from this passage we see that, “we’re called to be free.” In his message, Pastor Chad shared, “we are created for freedom and freedom is in our blood.”

1. How do you define freedom?

Pastor Chad gave us one of the ways to measure if we are free. “When you’re not free, something’s holding you back from fully embracing Christ in your life and you know it. When you’re not free, you’re restless, empty and tired. The “not free” are endlessly restless. The “not free” are endlessly hopeless.”

2. Share a time in your life when you felt not free? What were your feelings toward God during that time?

Read Hebrews 12:1

A lot of us are still living in chains even though we have been set free. Just because we are free it doesn’t mean we are living free. To live free is to walk in step with the Spirit of Christ, to embrace the cross and nothing else.

3. What is preventing you from living free?
4. How can we break these chains?

In 1 Samuel 14:6-12, Jonathan’s story continues as he goes up to the Philistines who were stronger, more powerful and more numerous but Jonathan had faith by knowing that wasn’t his problem, that was God’s problem. God will not fight our battles and win our battles if we are not willing to trust God in our battles.

5. Are the problems you're facing your problems?
6. How can worship shift the focus of our life away from our circumstance and on to who God is and what God has promised?

Pastor Chad shared, "Nothing releases the freedom of God in our lives as when we pray. But it's hard to pray the will of God if you don't know the will of God and you can't know the will of God unless you know the Word of God."

7. What is your experience like when you pray and read your Bible?
8. Tell about how your life would be different if you were experiencing true freedom?

**God At Work:**

9. Where do you see God at work in your life?
10. What can your Life Group join you in praying for this week?