

MESSAGE NOTES

WHAT ARE YOU WAITING FOR / OVERCOMING DEPRESSION

Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand. **ISAIAH 41:10**

SOURCES OF DEPRESSION

SITUATIONAL

SATANIC

SYSTEMIC

SPIRITUAL

HOW TO BE DEPRESSED IN 4 EASY STEPS

① WEAR YOURSELF DOWN

② SHUT PEOPLE OUT

③ FOCUS ON YOUR FEAR

④ FORGET GOD

GOD'S PRESCRIPTION FOR DEPRESSION

God says, “EAT and REST.”

God replaces my LIES with His TRUTH.

God SPEAKS in a still, small voice.

God says, “don't stop LIVING.”

OTHER SCRIPTURE REFERENCED:

1 Kings 17-19; 1 Peter 5:8; Romans 5:3-5; Matthew 19:26; Luke 17:6; Genesis 18:14
Jeremiah 32:27; Romans 10:13; James 4:10

TO REACH THE UNCHURCHED AND AWAKEN THE
SPIRITUALLY RESTLESS TO LOVE GOD AND LOVE PEOPLE