

# MESSAGE NOTES

UPHILL HABITS - CHAD FISHER  
HABIT #2

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. **Romans 12:2 NLT**

Most people have uphill **HOPES** and downhill **HABITS**

We form **HABITS** and then our **HABITS** form us.

Habit #2 / I will control my **THOUGHTS**.

Everything begins with a **THOUGHT**.

What I **THINK** determines how I **FEEL**.

My thoughts determine my **DESTINY**.

## Winning the Battle of the Mind / Mastering the Habit

- ① I need a **PLAN** to **CONTROL** my thoughts.
- ② I need a **PLACE** to **THINK** my thoughts.
- ③ I need a **PERSON** to **STRETCH** my thoughts.
- ④ I need a **PURPOSE** to **LAND** my thoughts.
- ⑤ I need a **POWER** to **FUEL** my thoughts.

### OTHER SCRIPTURE REFERENCED:

Ecclesiastes 10:2 (MSG); Romans 8:5-6; Philippians 4:8-9; Luke 6:45; James 5:16  
2 Corinthians 10:3-5; Hebrews 4:12, 10:24-25; Isaiah 26:3, 55:9; Colossians 3:2  
Jeremiah 29:11; Ephesians 3:20; John 16:7

TO REACH THE UNCHURCHED AND AWAKEN THE SPIRITUALLY  
RESTLESS TO BECOME FULLY DEVOTED FOLLOWERS OF JESUS