



Breathe In. Move Out.
The Story of Moses & The Red Sea
Group Discussion Guide

Leading Off:

Ever been in such a hurry to get somewhere fast you ended up in the wrong place altogether?

Scripture:

Exodus 13-14-15

Discussion Questions:

1. When things in your life don't turn out the way you'd hoped, is your tendency to blame the devil or get angry with God, or both? Why?
2. Though it's hard to imagine the people of Israel "wanting" to go back to be slaves in Egypt the moment their circumstance took a turn for the worse, in what ways have you "gone back" to the way things were since you've begun your walk with God? Why?

God never wastes suffering.

3. Can you think of a time in your life when God led you through a difficult season only to look back and realize how "precious" that season really was?
4. When it comes to trusting God, would you say that your trust is "great" or a bit "weak at the knees"? Why?

A faith that can't be tested is a faith that can't be trusted.

5. In what ways, in the last six months, has your faith been significantly tested?

One to Grow On (This Week's Growth Challenge):

It's when we're up against the Red Sea, and when our enemy seems to have the upper hand, that our faith is often tested to its limits. Take a moment to ask each person in your group about the "greatest need" in their life. Take the next few minutes to pray for those needs.