



## Lets Talk About [ ] Week 1 Discussion Questions

### **Breaking the Ice:**

If you had to give up one of your senses (hearing, seeing, feeling, smelling, tasting) which would it be and why?

**Scripture:** Genesis 3:8-10

### **Discussion Questions:**

1. What are the relationships you value the most in your life right now?

Read Genesis 3:6-7

Pastor Ben shared, "From that moment on, our relationships have never been the same [and] we've been covering ourselves ever since – physically, emotionally relationally. We've been trying to hide the things that we are ashamed of from even those closest to us."

2. In what way do you "cover yourself" in your relationships?

Pastor Ben shared, "Fear makes us distant, defensive and demanding."

3. Share a time when fear has made you distant, defensive or demanding.
4. What do you tend to be fearful of when it comes to relationships?

"When we're afraid of people seeing our faults, we'll get the finger out to try to divert their attention other ways. If I can talk about everyone else's problems or faults, maybe they won't see mine."

5. How does gossiping affect your relationships?

Read 1 John 4:18-19

Pastor Ben encouraged all of us to do four things ...

**Lean In**

Read 1 John 4:9-10

6. Where do you see opportunities in your relationships to “lean in?”

**Offer**

Ephesians 5:2

7. What are some ways that you can sacrifice or “offer” to those most important to you?

**Value**

Psalm 139:17-18

8. How do you feel when someone communicates to you that you’re valuable?
9. In what ways can you share with those around you that they’re valuable?

**Endure**

1 Corinthians 13:7

10. Describe a relationship that you’re currently “enduring.”

**God At Work:**

11. Who did you reach this week?
12. How were you generous this week?