



### **Four Cups Week 3 LifeGroup Discussion Notes**

#### **Breaking the Ice:**

If you could choose your age forever, what age would you choose and why?

**Scripture:** Exodus 6:6-7

#### **Discussion Questions:**

1. Share a time when you felt like you were “under a yoke” or a slave to someone or something.
2. What does freedom mean to you?

Pastor Chad shared, “Salvation happens in a moment; freedom happens over time.”

3. In what areas of your life are you hoping to experience freedom?

Pastor Chad shared, “There are three areas we can experience freedom through the power of Christ – victory over sin, healing from past wounds and authority over the enemy.”

4. What sins or wounds in your life are you “under the yoke” of?
5. How can the power of Christ allow you to experience victory and healing?

Read Philippians 2:12-13

Pastor Chad shared, “Relationships are key to living in freedom.”

6. Describe a relationship that’s had a significant impact on your relationship with Christ and your ability to experience freedom in your life?
7. What steps can we take to develop close relationships with our brothers and sisters in Christ?

Pastor Chad shared, "We confess to God for forgiveness; we confess to others for freedom."

8. In what ways do we experience freedom when we confess to others?

**God At Work:**

9. Where do you see God at work in your life?

10. What can your Life Group join you in praying for this week?