



Overwhelmed Week 3 Discussion Questions

Breaking the Ice:

Where is the most “extravagant” place you have traveled? OR Where would you dream to travel someday and why?

Scripture: Colossians 3:13-14

Discussion Questions:

Pastor Todd shared, “As we look at things that overwhelm us, FORGIVENESS is often at the top of the list.

1. Why do we find it so difficult to forgive?

Pastor Todd continued by sharing, “It is life’s HURTS that make forgiveness so difficult.”

2. What weight of unforgiveness do you carry? Who do you need to forgive?

3. How can we begin to heal our hurt? How can we begin to feel whole again from the weight of unforgiveness we’ve been carrying?

Read Genesis 1:26

Pastor Todd shared, “as God’s image-bearers we were created to be in RELATIONSHIP.”

4. Think again about the person who has hurt us (maybe we haven’t fully forgiven them yet). Now think about how God created everyone in his image. How can we work on seeing that person as God see’s them?

Read Matthew 22:36, Matthew 18:15-17

Pastor Todd shared, “ We were created to love and be LOVED. When that design is attached we are easily undone.”

5. Have you noticed not forgiving only gives you pain?

6. Share a time when you sat down with someone ‘one on one’ so you could move past holding a grudge. How did you feel afterwards?

Pastor Todd shared, "Healing comes in learning to EMBRACE forgiveness ... both being forgiven and learning to forgive ourselves and others. "

- 7. Think about how Jesus paid the ultimate price and died on the cross for our sins. What did Jesus teach us about forgiveness to others?**

Read Luke 5:17-26

Pastor Todd shared, "Since struggling with forgiveness is a relational breakdown, only a deepening relationship with Jesus brings FREEDOM."

- 8. After reading from Luke 5, why do you think Jesus forgave the paralyzed man when he didn't ask to be forgiven?**

Read Ephesians 3:19

Pastor Todd shared, "You can know a love that surpasses KNOWLEDGE. His name is Jesus. Through His love you have received what your could otherwise never attain ... God's forgiveness."

- 9. What does it mean to you, "You can know a love that surpasses knowledge?"**

- 10. How can we include Jesus in our day to day this week?**

God At Work:

Where did you see God at work in your life this week?