



## Lets Talk About [ ] Week 1 Discussion Questions

### **Breaking the Ice:**

State 3 facts about yourself, one of them being a lie. Then, have the group guess which one is a lie.

**Scripture:** Jeremiah 17:9

### **Discussion Questions:**

Lie # 1 – I am not good enough.

1. Have you ever been advised to “follow your heart?” If so, was that good advice? Why or why not?
2. The word “helper” used to describe Eve in Genesis is the same word used to describe God 16 times in the Old Testament. Does this change your view of what the Bible meant by that reference? If yes, how? If no, why not?

### **Read Genesis 2:20-22**

3. If you agree to accept the two following statements as true:

***Truth # 1 – In Christ, I am PRICELESS***

***Truth #2 – In Christ, I am wholly COMPLETE***

Does that change how you view yourself? If so, how does that change apply to your day to day life?

### **Read Psalm 139:13-17**

4. Accepting that our emotions and circumstances change from day to day, describe how you would use this verse to find constant continual peace?

Lie #2 – I am not worth the pursuit.

**Read John 3:16-17**

5. If you sent your only child into a circumstance that would without a doubt lead to certain death in order to save another person, what do you think your feeling would be about the individual you were trying to save? Would they be worth the pursuit?

**Take Away:**

It is God's desire for us to view ourselves as *His* children. As daughters and sons of the creator of the universe, we have a privileged status, and yet, we at times view ourselves merely as slaves to sin. We believe that we are unworthy to receive the love and blessings of our Father. As children of the creator we should exemplify confidence, peace and maturity. We should be the first to forgive, the first to love and the last to judge others.

**Prayer Requests:**

Share and record your group's prayer requests. Take time to pray together and make the prayer requests available to the group so you can continue to pray for one another throughout the week.

**Leader Notes:**

The goal of every Life Group is to grow closer to each other by providing an environment of safe interaction. When we foster a culture that promotes transparency and growth we have succeeded in meeting the goal of living life in community. It is never the goal to finish all of the questions. You are there to draw out the group so that each individual can grow in their relationships with one another and most importantly can grow in their relationship with the God.