



## VOLUNTEER HEALTH SAFETY PRECAUTIONS

As we serve our city during this time, the safety of our volunteers and the people we serve is of utmost importance. Therefore, we ask the below questions of you:

1. Have you traveled outside of the United States in the last 14 days, including a cruise to any destination?
2. Have you experienced any respiratory symptoms such as congestion, cough, sore throat or fever in the last 72 hours?
3. Have you had any contact with someone who has recently been tested for novel coronavirus or is under investigation for novel coronavirus (COVID-19)?

**If you answered YES** to any of these questions, we ask that you refrain from volunteering for at least 14 days. If you develop symptoms within that time-frame, please consult your health care provider.

**If you answered NO** to the above questions, please be aware of the following precautions in place as you serve with the Columbus Dream Center.

1. **Please bring your own mask. Face masks are MANDATORY and must be worn during the entirety of serving with Rock City Church.**
2. **Gloves must be worn as we plate and pass out food. Wash hands and use hand sanitizer as you enter and before you leave.**
3. **As we serve together we must keep 6' distance between each other for the health of all guests and volunteers. Conversations must be at a 6' distance.**
4. **We all need to avoid touching eyes, nose and mouth.**