

THE LET'S GO SHOW

THE BOOK OF PSALMS

 kids

GROWING THROUGH THE PSALMS

Join us as we explore the Book of Psalms!

The Psalms are songs, prayers, and poems that teach us how to worship God, trust Him, and talk to Him about everything we're feeling. Throughout this series, your child is learning a new psalm each week at church.

Use this guide to continue the conversation at home and help your child grow closer to God.

HOW TO USE THIS GUIDE

- ✓ READ THE VERSES TOGETHER
- ✓ THINK ABOUT WHAT THEY TEACH US ABOUT GOD
- ✓ TALK ABOUT THE QUESTION AS A FAMILY
- ✓ PRAY A SIMPLE PRAYER BEFORE BED

WEEK 1

PSALM 23

God takes care of me no matter what!

- ☐ DAY 1: PSALM 23:1-2V *How does God take care of us?*
- ☐ DAY 2: PSALM 23:3 *When do you need God's help?*
- ☐ DAY 3: PSALM 23:4 *What helps you feel brave?*
- ☐ DAY 4: PSALM 23:5-6 *What blessings has God given you?*

★ Family Truth: Jesus is our Good Shepherd.

WEEK 2**PSALM 100****I can praise God with my whole heart!**

- ☐ DAY 1: PSALM 100:1-2 *How can you worship God today?*
- ☐ DAY 2: PSALM 100:3 *What does it mean that we belong to God?*
- ☐ DAY 3: PSALM 100:4 *What are three things you're thankful for?*
- ☐ DAY 4: PSALM 100:5 *How have you seen God's goodness this week?*

★ Family Truth: God is always good.**WEEK 3****PSALM 27****God gives me courage when I am afraid!**

- ☐ DAY 1: PSALM 27:1 *What are you afraid of sometimes?*
- ☐ DAY 2: PSALM 27:4 *How can you spend time with God this week?*
- ☐ DAY 3: PSALM 27:13 *Where have you seen God's goodness?*
- ☐ DAY 4: PSALM 27:14 *What does it mean to wait on God?*

★ Family Truth: God gives us courage.**WEEK 4****PSALM 139****God made me, knows me, and is always with me!**

- ☐ DAY 1: PSALM 139:1-6 *What does God know about you?*
- ☐ DAY 2: PSALM 139:13-14 *What makes you thankful God made you?*
- ☐ DAY 3: PSALM 139:17-18 *What do these verses teach us about God's love?*
- ☐ DAY 4: PSALM 139:23-24 *What can you ask God to help you change?*

★ Family Truth: God knows me and loves me.

KEEP GROWING

Want to keep exploring the Psalms?
Try reading one of these family favorites:

PSALM 8 | *God is our Creator*

PSALM 19 | *God's creation points to Him*

PSALM 46 | *God is our refuge and strength*

PSALM 103 | *Remember God's goodness*

PSALM 121 | *God is our helper*

PSALM 150 | *Praise the Lord!*

FAMILY CHALLENGE

At the end of each reading,
complete this sentence together:

"Today I learned that God is _____."

Then take a moment to
thank God for that truth.